

Coach we have Partnered ESPN to bring your Athletes a one of a kind Competitive Experience, please pass this onto your assistants and players. It will be a great way to allow Local Athletes to compete across Sports Barriers to see who is really the BEST. It will also be a great way to get legitimate stats for recruiting sheets! Call me with any questions! Tony D 408-3651



**EDGE Sports Performance is Proud to Partner with ESPN Radio and King Louie,s Sports Complex to host the 2016 Kentucky's Best Athlete Challenge**

**Everyone says their Sport produces the Best Athletes, but no one really knows for sure. What if Football Players could compete against athletes from Baseball and Soccer to see who is Fastest and Strongest, or Volleyball Players could Battle against Softball and Lacrosse athletes to see who is most Powerful and Agile.**

**Well, the wait is over on December 17th 2016 at King Louie's in Middletown Athletes from all Sports will be able to compete**

**against each other in Tests of Speed, Agility, Endurance and Power to see who is Kentucky's Best Athlete.**

### **Events Tested**

**Speed:** Laser timed 40 Yard Dash for boys, 20 Yard Dash for Girls

**Agility:** Timed Pro-Agility Drill

**Vertical Jump:** Vertical jump Test with Vertec

**Endurance:** 300 Yard Shuttle

**Upper Body Power:** Kneeling Medball Throw ( Softball Players  
Rotational throw)

Best of 2 attempts at each event will be placed into a formula allowing performances to be totaled and ranked...

Team Event will be based on the 6 best total showings by Athletes from that Team ( you must have at least 6 athletes in the open event pre-registered to qualify for team award )

**Trophy's will be given out for the best Athlete in the following divisions...**

**Kentucky's Best Middle School Athlete ( boy and girl )**

**Kentucky's Best High School Athlete ( boy and girl )**

**Kentucky's Best High School Team ( male and Female)**

**Kentucky's Best College Athlete ( Male and Female )**

Schedule of events for December 17th

High School/College Girls and KY Softball Preps Combine

Check in 8:30 am Warm ups start 8:50 am Event Starts 9:00 am

High School/College Boys

Check in 10:30 am Warm ups start 10:50 am Event Starts 11:00 am  
( no one is allowed to check in after their warm up has started)

**Costs:**

Individual Event \$10.00

Entry opens Oct 15th 2016 with Deadline to sign up December 2nd,  
2016

to sign up or learn more call Tony at 502) 408-3651 or go to  
[kentuckysbestathlete.com](http://kentuckysbestathlete.com)